

## SUMMER CLINIC—BE A PLAYMAKER

# Sharp Shooter

Clinics Start June 7th, 2010

Schedule

See Registration Form

Open to:

Girls Hockey, Blue Mites,  
Squirts, Peewees, Bantams,  
and High School

INDIVIDUAL SESSIONS:

FOUR, 60 MINUTE  
SESSIONS/100.00

PAIRED SESSIONS:

FOUR, 60 MINUTE  
SESSIONS/75.00 PER  
PLAYER

*Remember, when you're not  
practicing somewhere, someone is,  
and when you meet him -  
he will win.*

Location:

VFW All Seasons Arena  
Bismarck, ND

For more info. or to register call or  
email

Tom Bushaw @

Phone: 701.202.2500

E-mail: [tbushaw@gmail.com](mailto:tbushaw@gmail.com)



The perfect hockey shot is a combination of power, accuracy, and quickness. A shot may be quick and accurate, but may not be powerful; just as a shot may be quick and powerful but not accurate; alike the shot may be accurate and powerful, but most certainly not quick. A compromise among these three components must be reached when shooting.

The Sharp Shooter program focuses on the proper form for a variety of hockey shots. Participants will focus on improving their power, accuracy and quickness while bettering their form, timing, and technique.